

# SEPTEMBER 2011

## Elul 5771 - Tishri 5772

Continuing the Vision ♦ ♦ ♦ Building our Future



**Friday, September 9 FAMILY NIGHT/SHABBAT ROCKS 7:00 PM**



**Sunday, September 11<sup>th</sup>**



**OPENING DAY RELIGIOUS SCHOOL**

10:00 - 10:45 AM Religious School P.T.A. Back to School Coffee

10:45 - 11:15 AM Special Ceremony to commemorate the tenth anniversary of 9-11

11:15 AM - 12:15 PM Heh Class Parent/Student Meeting

אָלוֹל  
סְלִיחוֹת

### THE HIGH HOLIDAYS AT CSI

#### SELICHOT

Saturday, September 24<sup>th</sup> - 9:30 am (See Page 5)

#### ROSH HASHANAH

<i>Erev</i>	Wednesday, September 28 <sup>th</sup>	6:30 pm
<b>1<sup>st</sup> Day</b>	Thursday, September 29 <sup>th</sup>	8:45 am
	Children's Service	11:15 am
	Family Service	4:00 pm
	Tashlich	4:00 pm
	Holiday Evening Service	6:30 pm
<b>2<sup>nd</sup> Day</b>	Friday, September 30	8:45 am
	Children's Service	11:15 am
	<i>Kabbalat Shabbat</i> Service	6:30 pm

#### SUKKOT

Wednesday, October 12	6:00 pm
Thursday, October 13 - 1 <sup>st</sup> Day	9:30 am
Friday, October 14 <i>Kabbalat Shabbat</i>	
Holiday Evening Service	6:00 pm
Saturday, October 15 <i>Shabbat</i> morning	
<i>Sukkot</i> Service	9:30 am

#### HOSHANAH RABBAH

Wednesday, October 19<sup>th</sup> 7:15 am

#### OPERATION ISAIAH FOOD DRIVE

To benefit the Ossining Food Pantry

Friday, October 7<sup>th</sup> to Sunday, October 23<sup>rd</sup>

#### SHEMINI ATZERET

Wednesday, October 19	6:00 pm
Thursday, October 20 ( <i>yizkor</i> )	9:30 am

#### EREV YOM KIPPUR - Friday, October 7<sup>th</sup>

*Mincha* 3:00 PM  *Kol Nidre* 6:00 PM

#### SIMCHAT TORAH

Thursday, October 20	7:00 pm
(for all children and adults)	
Friday October 21 Holiday morning	9:30 am
Service	
" <i>Kabbalat Shabbat</i> Service	6:00 pm

#### YOM KIPPUR

Saturday, October 8 <sup>th</sup>	9:00 am
Children's Service	11:15 am
<i>Yizkor</i>	11:45 am
<i>Mincha</i>	4:30 pm
<i>Neilah</i>	5:45 pm
Conclusion of Fast	7:09 pm

#### Sunday, October 2<sup>nd</sup>

Help build CSI's *Sukkah* after  
9:15 am *minyan*



The Shofar  
Rosh Hashanah,  
Yom Kippur  
and Succoth

## FROM THE RABBI, Steven C. Kane

At the end of *Pirke Avot* 5:25, we have the following teaching: *Ben Hei Hei omer, l'fum tzarah agrah* - Ben Hei Hei taught, "The reward is proportionate to the suffering." Now, this is a very unusual teaching by a rabbi with an equally unusual name! It marks the very end of what is perhaps the most interesting tractate of the Talmud, *Pirke Avot* (Ethics of the Rabbis) which contains thoughtful and thought-provoking observations by many of the great rabbis of the Talmud, such as Hillel and Rabbi Akiva. How are we to understand this teaching, and why was it given the prominent place of being the last teaching of *Pirke Avot*?

It seems to me that this teacher, who rarely appears in rabbinic literature, left behind a very profound thought. What did he mean by "suffering"? What is the reward that he refers to?

I think the suffering Ben Hei Hei refers to is the preparation each person puts in when they have something important or significant they are involved in. The hours that a pianist must put in prior to a performance are a form of suffering. It is the same for an athlete who trains for a big event or competition, a student who is studying for an important test or a lawyer who prepares a case before going to trial. In each instance the preparation gains its worth in regard to the final goal that is to be accomplished. No one watches over the hours of practice or preparation, and no one receives anything from it. Most often the time given in preparation greatly exceeds the moment one has prepared for. The hours of rehearsal for a two hour movie or play are so much more than the two hours of the show. Yet, Ben Hai Hai reminds us that the more time we put in "suffering" (i.e. preparing) the greater the reward will be at the moment of performance. The athletes who run their best race (which is over sometimes in a few minutes, even seconds), do so only because they have prepared so long. The preparation is worthwhile because the end result is the reward, and the reward is, as Ben Hei Hei teaches, proportionate to the preparation one puts in.

The rabbis applied this concept to much of Jewish life, especially Jewish holidays. *Sukkot* is rewarding because we take the time to put up and decorate a *sukkah*. *Pesach* is rewarding because we spend so much time cleaning the house and preparing for the *seder*. What then is the preparation we do in order to make *Rosh Ha-Shanah* and *Yom Kippur* more rewarding? The month before *Rosh Ha-Shanah* is called *Elul*. From the 1st of *Elul*, until the day before *Rosh Ha-Shanah*, the *Shofar* is sounded each morning (except shabbat) to remind us of the upcoming Days of Awe. A special prayer, Psalm 27, which speaks of God's guidance and our faith and hope, is recited daily. These

though are only a beginning to our preparation, not an end. What else might we do to prepare?

I want to make three suggestions. The first involves study. There are so many books on the High Holidays, and of course many resources on line. During the month of *Elul*, take just a few minutes a day to study something about either the *machzor* or the concept of *teshuvah* (repentance). If you spend just ten minutes a day doing this, by the time *Rosh Ha-Shanah* arrives you will have been engaged in 5 hours of study just in preparation for this day! The second is to become more engaged in acts of *tzedakah* during this time. It is through such daily acts, whether with organizations or helping individuals, that we help atone for our own shortcomings. Imagine entering the High Holidays with the feeling that you have already been motivated to make the world a better place for others.

Finally, because *Rosh Ha-Shanah* is so "late" this year, we have the unique opportunity to prepare ourselves by taking a closer look at our beautiful new prayerbook, *Machzor Lev Shalem*. On Monday September 19th, at 7:30pm a study session/workshop will be held in order to explore in depth what makes this book so special. I have no doubt that those joining us that evening will find their High Holiday experience greatly enhanced. As we have learned, "*Ben Hei Hei omer, l'fum tzarah agrah*-the reward will equal your preparation!"

Judy, Arielle, Tamar, Elan and I all wish you a *ktivah v'chatimah tovah*, a year that we may be inscribed in the book of great reward.

### DO YOU SING TENOR OR BASS?

**Come join the CSI Choir and sing with us  
at Kol Nidre services. Call Judy Boehr (762-1984)  
or Cantor Shiovitz (923-0175).**

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*Bulletin of Congregation Sons of Israel*  
1666 Pleasantville Road, Briarcliff Manor, NY 10510  
A Conservative Synagogue Founded 1891-Affiliated With



**Our Mission Statement adopted 1999, revised 2007:** Congregation Sons of Israel is an egalitarian, Conservative synagogue dedicated to imparting Jewish values and traditions from generation to generation in a welcoming participatory environment. We are a caring community committed to lifelong Jewish learning, the observance of *mitzvot*, meaningful prayer, and charitable deeds. We promote spiritual, cultural, and social connections within our community, to the State of Israel, and to Jews worldwide.  
Office: (914) 762-2700 E-Mail: info@csibriarcliff.org  
Fax: (914) 941-3465 School (914) 762-6396

*Steven C. Kane, Rabbi*      *Jeffrey Shiovitz, Hazzan*  
*Roni Shapiro Ben-David, Educational Director*

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**Reach CSI on the Web Page at [www.csibriarcliff.org](http://www.csibriarcliff.org)  
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## CANTORIAL NOTES *Hazzan Jeffrey Shiovitz*



In 2008, a group of 100 cantors from the Cantor's Assembly, the largest organization of cantors from our own Conservative Movement (of which I am Director of Publications and a member of the Executive Council) traveled to Poland for a special mission. For one week, the group traveled and sang. Poland was the birthplace of *Hazzanut*, the Cantorial tradition. Concerts were given at Auschwitz, the Warsaw Opera House, with the President of Poland in attendance, at the Krakow Jewish Music Festival and throughout many synagogues in the country. Services were led by cantors for the first time in many years in some of these synagogues.

This mission was captured on film and made into a documentary called "100 Voices: A Journey Home". It is a documentary that focuses on Jewish and Polish songs, faith and tradition. It won many awards at film festivals around the world. It played at the Jacob Burns Theatre also.

We will be offering two showings of the film at CSI. The first will be on Tuesday, September 13<sup>th</sup> at our monthly *HaMishpacha* luncheon. The second showing will be on Saturday evening, September 24<sup>th</sup>, at *Selichot* services. It is a moving, emotional and great journey. Please join us on that journey.

The Cantor's Assembly is sponsoring another mission this summer. We will be traveling to Germany and then Israel. If you are interested in coming with us, please contact me. You can join us only for Germany or for both. It should be exciting!

Robyn, Rachel and Yonah, David, Sarah and Talia join me in wishing you a happy, healthy and sweet New Year.

### **HA MISHPACHA**

**Tuesday, September 13<sup>th</sup> - 12:30 PM at CSI**  
**Lunch will be served . . .**

**Followed by:**  
**"100 Voices: A Journey Home"**

*Ha Mishpacha* means the family. It is a group for couples and singles over 65. Each month a different musical, cultural, social or educational program will be presented. We meet the 2<sup>nd</sup> Tuesday of each month – but please always check the Bulletin for the current month's date.

**More information Contact Cantor Shiovitz, 923-0175**  
**MEET NEW FRIENDS – GREET OLD FRIENDS**

### **HIGH HOLIDAY RESERVED PARKING**

A limited number of reserved parking spots will be available for the High Holidays. If you are interested in purchasing a space (\$300), please call Joanne at 762-2700 or email [Joanne@csibriarcliff.org](mailto:Joanne@csibriarcliff.org)

### **RESERVED SEATING FOR HIGH HOLIDAYS**

Those members who had reserved seats last year have received a letter from Joanne asking them if they want the same seats this year. If you have not responded, please do so. If you did not have reserved seats last year and are interested in the possibility of reserved seats in our beautiful sanctuary, should they be available, please call Joanne Wagner, in the front office, 762-2700 or email [Joanne@csibriarcliff.org](mailto:Joanne@csibriarcliff.org)



**Deadline for purchasing *lulav & etrog* is Monday October 3<sup>rd</sup>.** Please call 762-2700 or email [Joanne@csibriarcliff.org](mailto:Joanne@csibriarcliff.org) to place your order. *Sukkot* begins the evening of Wednesday, October 12<sup>th</sup>.



### **PLEASE NOTE!**

If you have not received your High Holiday tickets, which will be checked at the door, please call Joanne in the front office, 762-2700.



### **HIGH HOLIDAY CHAIR SET UP**

We will set up our chairs for the high holidays on Sunday morning, September 25<sup>th</sup>, at 10:00 AM following 9:15 *minyan*. Help is needed as we prepare to make the holidays as comfortable as possible for all those who will be with us. If you have some time to help, it will be appreciated.



## RELIGIOUS SCHOOL NEWS

Roni Shapiro, Educational Director

It's hard to believe that summer is over and it's time to go back to school. While summer is great because schedules are more flexible, - my favorite is - no homework! School supplies have been purchased and all our children are signed up for all of their hundreds of activities. The race has begun again! Is religious school just one of those many activities where you have to manage carpools and then try to figure out how to fit it into your child's schedule? How do I balance guitar, baseball, a reading tutor and tennis too?

Yes, sending your children to Religious school is a scheduled activity and yes you need to figure out how they will be getting to synagogue. Religious school is **not** like all those other activities. The guitar teacher, the reading tutor, the tennis instructor and the baseball coach are not working to shape your children's "Jewish Neshamah" or "Jewish Soul".

Here at CSI, our teachers want to work with you, the parents and grandparents to shape and influence the kind of person your child can be. All of our children will stand on the *bimah* and be able to recite perfectly all the prayers and blessings required for their *Bar/Bat Mitzvah* regardless of their learning style. But more importantly, we want our children to understand what it means to stand before the congregation and say I am an adult (or at least on the way to being one) and I "get" what it means to be a Jewish person and that I have responsibilities to my Jewish community, Jewish heritage and to the world and planet. Wouldn't it be great if every child stood on the *bimah* and announced to the congregation "I get it! I know what I need to do to be a good person."

But we know, it's not so easy to comprehend what that means and kids, as well as adults have trouble sometimes making the correct choices. Here at CSI, let us be your partner on the path to creating children with "Jewish Souls", "Jewish Neshamas". Maybe along the way, you will be inspired to sing a song from your childhood, learn an Israeli dance or bake some *Shabbat Challah*.

Look for a detailed list of our goals for your children in our parent handbook. Encourage your teenager to continue in our teen programming including Hebrew High school, USY and community service opportunities. Be a partner, get involved in our P.T.A.'s or in any synagogue activity, and volunteer. I found with my own children that one of the strongest messages I can convey to them is letting

them see me volunteer. They say to me with disbelief "you mean you're not getting paid for that". It's shocking to them, but hopefully that message will stick in their brains - we all need to perform acts of loving kindness and what better way than to get involved by supporting our synagogue.



### SCHOOL UPCOMING SEPTEMBER DATES

- 8 Nursery School Open House for N.S. parents
- 11 First day of Religious School  
R.S.P.T.A Back to School Coffee 10-10:45 AM  
Special ceremony to commemorate the 10<sup>th</sup> anniversary of 9-11 10::45-11:15 AM  
*Heh* Class parent/student meeting  
11:15 AM - 12:15 PM
- 12 First day of Nursery School/*Dalet* Enrichment
- 17 *Kadima* Service, Junior Congregation begins
- 19 *Dalet* Enrichment, PJ Library Program
- 24 Junior Congregation
- 25 Camp Ramah Program (see page 7)
- 26 *Dalet* Enrichment
- 28 NO RELIGIOUS SCHOOL

September 29 & 30 *Rosh Hashanah* morning children's services for all

And **Family** Program

at 4:00 PM

for families with children to age 10  
(See page 6)



**HEBREW HIGH SCHOOL  
BEGINS SUNDAY, OCTOBER 2<sup>ND</sup>**

### ATTENTION COLLEGE STUDENTS

**Do we have your college address?**

CSI college students receive bulletins, emails, holiday goodies, scholarship information, etc. If you haven't already registered your address with the CSI front office, please email it to [Lora@csibriarcliff.org](mailto:Lora@csibriarcliff.org) including grade level and student's email address. If you do not have access to email, information can be mailed or dropped off at the front office.

## PRESIDENT'S MESSAGE, Dan Singer

I can't begin to describe to you how excited I am. Jill and I have spent the last day and a half taking turns mentioning to each other how we can hardly wait. It seems like forever but the moment we have been anticipating is now less than 24 hours away. It is probably worth mentioning that due to printing deadlines, this article is being written in mid-August. Even with all of the fun and exciting days we had this past summer, none will top the moment when Harrison, Zara, and Jared stepped off of the camp bus and we got to give them each a giant hug. Once we recover from the initial moments of emotion of the long awaited reunion we will undoubtedly turn to hearing all about their experiences and we will proudly receive the art projects made from as much love as any other ingredient.

Of course the precious part of this experience is the warm feeling we will all get from reuniting the family after a whole season apart, but the symbolism of the moment makes it even more special. It seems like all of a sudden the days have become shorter than they were during the "summer," and the memories of those heat wave days of July have begun to fade. Now it's time to squeeze in some back to school shopping, fall sports tune up practice and of course a trip to the store to make sure everyone has appropriate High Holiday clothes that fit properly. I always find it amazing how much we can celebrate the beginning of summer and all of the excitement of the end of school, but can feel even more excited about the end of summer and the anticipation of the start of a new year.

For me, the start of this year seems to be that much more exciting. Last year at this time I was feeling the proverbial butterflies in my stomach as I began my term as president of CSI. I knew I was excited for the new experiences but I would be less than candid if I didn't acknowledge the trepidations associated with the pending challenges. It was like being a "freshman" in a new school. Even though there is no way to really know what lies around each corner, it is different to return to school or any environment when the surroundings are more familiar and you have a clearer expectation of what may be in store. I think that part of what makes a returning year so exciting is the notion of building on what you have already started. At CSI, we spent the spring and summer building (both literally and figuratively) to get ready for the start of the new year. As our office staff settles into their new responsibilities as a result of our administrative reorganization, they are adapting to our new accounting program and the

integration of our new membership data base system. CSI's new website is in the process of being launched and all of our volunteer committees are hard at work preparing to make all of our experiences more meaningful and our community even stronger. Not only do we anticipate the High Holidays and all of the emotion and symbolism that come along with them, but we also look forward to a variety of special programs in the fall including the "ribbon cutting" for our new solar panel array and various back to school programs for our younger members. 5772 should prove to be amongst the most exciting of new years for our community.

As I write this I can't help but to imagine what Harrison, Zara, and Jared must be feeling right now. I assume they are busy packing up all of their clothes and various sporting equipment. They are probably exchanging phone numbers and email addresses with their friends and beginning the nearly painful process of saying good bye and putting the summer camp experiences behind them. However at the same time, I would like to believe that they share the same excitement and anticipation of coming home and seeing us (and our dog Schecky) that Jill and I feel about seeing them. Of course it is sad to see summer end. But there is so much for all of us to look forward to as we start the new year.

From our family to yours, *L'shana tova tekatev v'techatem* - May you be inscribed for a good year!



### **SELICHOT EVENING PROGRAM** **Saturday, September 24, 2011 – 9:30 P.M.**



For those who have not attended a *Selichot* service, *Selichot* is a time of reflection, repentance, and preparation for the Days of Awe. Services introducing Holy Day themes, liturgy and melodies are conducted on Saturday evening/Sunday morning preceding *Rosh Hashanah*. Pious Jews continue to rise early in prayer each subsequent day leading up to *Yom Kippur*, the conclusion of this season of repentance. This year's *Selichot* program will feature the film "100 Voices: A Journey Home", refreshments and 11:00 PM services.

New this year:



**Family**

## Services at CSI on Rosh Hashanah

THURSDAY, 9/29 AT 4 PM WITH  
RONI SHAPIRO BEN-DAVID.

- Open to all (no tickets needed - tell a friend!)
- Especially for families with children up to age 10 (WITH ADULT).
- This is a family-friendly service, a fun program and a Jewish New Year's celebration all rolled into one.
- Join us for age-appropriate prayer, songs, dancing & games and then we invite you to walk with us to *Tashlich!*
- Need more information? Call 762-6396 or email [education@csibriarcliff.org](mailto:education@csibriarcliff.org)

L' Shanah Tovah  
Have a sweet year!



### NOTE KABBALAT SHABBAT TIME CHANGE



Although Daylight Savings Time does not officially change until November 6<sup>th</sup>, our time for *Kabbalat Shabbat* services will move from 6:30 to 6:00 PM effective, Friday evening, October 7<sup>th</sup> with our *Kol Nidre* service and will continue at our *Kabbalat Shabbat* services thereafter. Please note the time change.



### NOTES FROM OUR RELIGIOUS SCHOOL P.T.A.

"Welcome back! We hope that you all had a relaxing and fun-filled summer. We are excited and looking forward to seeing the children at the first day of classes, on **Sunday, September 11, 2011.**

Please join us for the back to school meeting with Roni, teachers and the PTA that day. We are looking forward to meeting all of you.

If you haven't already, please join the Religious School PTA. Your \$36 dues help fund a variety of trips, activities and celebrations which enhance your children's Jewish education. Our religious school offers many opportunities for you to share these experiences with your children. Volunteers are a necessity for our PTA events, so sign up during the back to school meeting. Your help is always appreciated.

If you have any suggestions or questions, please call or email:

Ziona Rubin: [ziona.rubin@yahoo.com](mailto:ziona.rubin@yahoo.com) 914-450-8357  
Randi Schonfeld [peterandi@yahoo.com](mailto:peterandi@yahoo.com)  
914-762-3073

### SOCIAL ACTION COMMITTEE REPORT

Judy Boehr, Chair

Our annual High Holiday food drive - **OPERATION ISAIAH 5772** - which benefits the **OSSINING FOOD PANTRY** will once again be held this year. We will be handing out shopping bags at our first day *Rosh Hashanah* services, Thursday, September 29<sup>th</sup>, to be filled and returned between *Kol Nidre* services, 6:00 PM, Friday, October 7<sup>th</sup>, and the end of *Sukkot*, Sunday, October 23<sup>rd</sup>. **Please do not carry in bags on *Shabbat*.** Especially needed: **peanut butter, jelly, tuna and cereal (10-14oz. boxes please).** Help with this drive is always welcome, call Judy Boehr, 762-1984.



**This Yom Kippur,  
make sure there's Food  
on someone else's table!**

**CSI MEN'S CLUB**  
Ronnie Myers, Chair

This year's activities will be exciting and interesting as well as fun. Please join for the 2011-12 year for just \$36 using the form below. We guarantee a great time at all of our events.

Scheduled for this year are three Sunday *minyan* breakfasts and speakers, two Texas Hold'em tourneys, distribution of *Yom Ha Shoah* candles and of course our Yankee Game.

Our meetings are the first Monday of each month unless it falls on a holiday. Our first meeting will be Monday evening, **September 12<sup>th</sup> at 7:30**. Join us and get involved in the many great things that CSI's men are doing!

<p align="center"><b>Men's Club Membership 2011-12</b> <b>A new fiscal year began 7/1/11</b></p> <p>Enclosed is my check for \$36 payable to CSI for active membership in Men's Club '11-'12.</p> <p>Name _____</p> <p>Telephone _____</p> <p>E-Mail _____</p> <p align="center">Return to CSI Men's Club 1666 Pleasantville Rd., Briarcliff Manor, NY 10510</p>
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**CSI'S YELLOW PAGES**

Each month in this column we highlight a few of our advertisers. Need custom invitations or fine stationery, call **Jennifer Pfizer, at Perfectly Personal by Jen at 914-241-6923**. When no ordinary gift will do, think of a **State of Israel Mazal Tov Bond**. For more information call **Stuart Himmelfarb at Israel Bonds, 212-339-8284** or email [stuart@israelbonds.com](mailto:stuart@israelbonds.com) Our new advertising contract year begins with the October issue so if you know someone who could benefit by placing an ad in our bulletin, have them contact Lora at 914-762-2700 or email [Lora@csibriarcliff.org](mailto:Lora@csibriarcliff.org)

Most importantly, if you use one of our advertisers, please don't forget to tell them you saw their ad in the CSI Bulletin.

**CARING COMMUNITY**  
Merrie Daitch, Chairperson  
♥ We Care ♥

The Caring Community is here for you in the new year. Just let us know what your needs are.

Some of our movers and shakers and the programs that they administer are: Judy Boehr, who calls to check up on you if you are sick and sends lovely congratulatory notes for a *simcha* you are celebrating; Margie Kirsch, who administers the taxi ride program for our seniors who would like a free ride to *shul*. (this is especially handy for our seniors who don't drive anymore or who don't like to drive in the winter.); Resa Mestel Fox who takes care of our baby gift program; Roberta Freilich and Adele Feldman who bring holiday gifts to those in our community who are in nursing homes; Susan Hodara who is charged with coordinating the effort when *shul* members are infirmed and in need of a few meals; and me, Merrie Daitch, who delivers bereavement baskets and sets up *Shabbat* meals for our bereaved members. Our committee also funds the *Ha Mishpacha* program for our seniors.

We could always use new members for our committee. We meet on the 1st Tuesday of each month. Our next meeting is September 6<sup>th</sup>, at 7:00 PM in the chapel. Our meetings are short and productive. If you can't come, you can still help. Needs occasionally arise that are sent out to the committee via e-mail. If you'd like to be added to our mailing list, let me know. I can be reached at [merrietunes@yahoo.com](mailto:merrietunes@yahoo.com)

**ARE YOU INTERESTED IN CAMP RAMAH?**



Then join us on Sunday, September 25<sup>th</sup> at CSI for our **Camp Ramah Information Sessions**. Religious school students in 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> grades will participate at 10:00 AM, while the 3<sup>rd</sup> and 6<sup>th</sup> graders will participate at 11:15 AM. **We encourage parents to stop in at those times.** These sessions **ARE** open to all, so please feel free to tell a friend with a camp-aged child to come by. For more information contact Rabbi Kane at [rabcsi@aol.com](mailto:rabcsi@aol.com).

**NEWS FROM SISTERHOOD**  
**Marion Jablansky**     [www.wlcj.org](http://www.wlcj.org)

*Shana Tovah!* Summer may be winding down, but the fun is just beginning! Last year was a great year for Sisterhood, and this year will be even better because you will be there! Come to meetings and events, help out at the gift shop and other fund raisers, play Mah Jongg, meet new women, and spend time with old friends. Join today, and be connected to Jewish women throughout the U.S. and Israel.

Mah Jongg nights continues to be a very popular program, and we will continue to play throughout the year. October 17 at 7 PM is a Sisterhood General Meeting, where we will discuss specifics for the following week's Paid Up Membership Dinner, as well as other future programming. Come with suggestions for programs and fund raising events. This is a wonderful opportunity to get involved with a great group of women.

On October 26 we will be having our annual "Paid Up Membership Dinner", where our members partake in a delicious meal and enjoy a special program together. This year the speaker will be CSI's own Darlene Fairman. Darlene is an attorney whose practice includes recovering stolen or looted art from the Holocaust for Holocaust victims and their heirs. Darlene's power point presentation and other visuals are incredibly interesting and extremely timely. This is truly an event not to be missed.

The gift shop will be open on Sunday, September 11, the first day of Religious School, from 9 AM - 12:30 PM. For *Rosh Hashanah* we have beautiful apple plates, honey jars and even holiday aprons. We also have lovely hostess gifts, life cycle gifts (engagement, wedding, *Bar/Bat Mitzvah*), and even cookware. The gift shop committee shopped for new merchandise this summer. Many of the items we found are from Israel, and all of our products are competitively priced. The committee is always looking for new members, so please stop by and let us know if you are interested or email the gift shop at [giftshop@csibriarcliff.org](mailto:giftshop@csibriarcliff.org).

These are just some of the programs and services Sisterhood provides, and being a part of Sisterhood is a wonderful experience. So when the letter comes inviting you to join, do not hesitate to pay your dues and be a part of this wonderful organization.

The CSI bulletin and the CSI website are great sources of information. Continue to read future bulletins, as well as check the website for future Sisterhood programs. See our calendar below.

September 21	Mah Jongg
October 17	General meeting
October 26	Paid up membership dinner and speaker
November 16	Mah Jongg
December 14	Mah Jongg
January 18	Mah Jongg
February 15	Mah Jongg
March 14	Mah Jongg
March 21	General meeting
April 14	Sisterhood Shabbat
April 18	Mah Jongg
May 16	Mah Jongg
June 6	Mah Jongg

Also we are always looking for inspiration, so if you have any suggestions or wish to lead or help with an activity, please let us know. Our officers/ chairpersons are always open to new ideas.

- President: Elizabeth Dworkin
- Treasurer: Sharon Richter
- Recording Secretary: Ali Edelstein
- Social Committee: Wendy Gottlieb
- Membership: Beth Levine
- Financial Secretary: Sharon Richter
- Bulletin: Marion Jablansky
- Gift Shop: Annleah Berger/Robin Ginsberg/  
Jill Greenstein /Marion Jablansky/ Robin Karp, Sharon Orenstein

[www.WLCJ.org](http://www.WLCJ.org) = the website for Women's League for Conservative Judaism, the organization to which our Sisterhood belongs. Check it out!

**Gift Tip:** We have lovely apple and honey dishes to brighten any holiday table!

**Sisterhood Membership 2011-2012**  
**To join, please send your check for \$25.00 dues, payable to CSI Sisterhood, and return it with this form to:**  
**CSI Sisterhood**  
**1666 Pleasantville Road**  
**Briarcliff Manor, NY 10510**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

For questions concerning membership or to sign up for one of our committees please  
 Call Beth Levine 941-9221, or  
 Marion Jablansky 923-0089.

## P E O P L E

### Mazal Tov to:

**Tina Goldman** on the recent engagement of her daughter Haley to James Heyer.

**Irwin & Lori Kavy** on the birth of their 5<sup>th</sup> grandchild, Quinn Klainbard, son of Suzanne Kavy Klainbard & Paul Klainbard.

**Jane Kavy** on the birth of her great grandson Quinn Klainbard.

**Welcome** to our new USY Advisor, CSI member, **Beth Schneck**.

**Get Well to:** **Jeanne White & Amy Wichman**

### Condolences to:

**Kiera Berkenblit** on the death of her grandmother, Marion Schneider


**Seth Kornblau** on the death of his father, Gerald.

**Ed Sperling** on the death of his father, Henry.

**Nannette Wasserman** on the death of her mother, Paula Blum.

**Marc Wilenzick** on the death of his father, Raymond.

**Mazal Tov** to the following members who will celebrate anniversaries in September.

1 Keith & Stacy Levey	20 <sup>th</sup>		
Marc & Julie London	15 <sup>th</sup>		
2 Alex Fijman & Marjory Alabre	5 <sup>th</sup>		
3 Jonathan & Tamara Brolin	11 <sup>th</sup>		
Charles & Julie Marcus	22 <sup>nd</sup>		
4 Jerome & Myra Gordon	51 <sup>st</sup>		
<b>6 Elliot Fuhr &amp; Merle Pine</b>	<b>25<sup>th</sup></b>		
Kevin & Sonia Mathisson	13 <sup>th</sup>		
7 Robert Schloss & Merel Pine	30 <sup>th</sup>		
<b>7 Evan &amp; Elaine Wetzler</b>	<b>25<sup>th</sup></b>		
8 James & Barbara Kahn	32 <sup>nd</sup>		
Howard & Barbara Kutcher	15 <sup>th</sup>		
9 Steven & Andrea Kronethal	36 <sup>th</sup>		
Neil & Leona Schluger	21 <sup>st</sup>		
10 Richard Gans & Sharman Propp	22 <sup>nd</sup>		
Craig & Sharon Sternschein	22 <sup>nd</sup>		
11 Richard & Audrey Birnbaum	17 <sup>th</sup>		
Philip & Amy Horowitz	17 <sup>th</sup>		
12 Andy & Carole Kagan	35 <sup>th</sup>		
Arnie & Sharon Richter	59 <sup>th</sup>		
13 William & Melissa Jelinek	13 <sup>th</sup>		
<b>13 Deane &amp; Abbe Marcus</b>	<b>25<sup>th</sup></b>		
William & Larissa Paulmeno	21 <sup>st</sup>		
David & Alison Seidenfrau	13 <sup>th</sup>		
15 Steven & Robin Karp	24 <sup>th</sup>		

16 Steven & Norma Katz	27 <sup>th</sup>
17 Arthur & Benji Baer	22 <sup>nd</sup>
David & Elizabeth Metzger	22 <sup>nd</sup>
18 Murray & Joan Rottenberg	51 <sup>st</sup>
21 Daniel Callaway & Stacey Nachtaler	19 <sup>th</sup>
James Messing & Arlene Brickner	31 <sup>st</sup>
Barry Shapiro & Judith Jay	26 <sup>th</sup>
23 Paul & Nannette Wasserman	22 <sup>nd</sup>
27 Louis Wollin & Paula Riegelman	27 <sup>th</sup>
25 Itzik Mintz & Marcy Gray	23 <sup>rd</sup>
26 Jonathan & Joan Birnbach	18 <sup>th</sup>
<b>28 Craig &amp; Alison Jampol</b>	<b>25<sup>th</sup></b>

Each child brings his or her own blessings into the world. The following children, members of our congregation and/or school, will celebrate a birthday during the month of September. They will be called to the *bimah* to receive a blessing on **Friday, September 9<sup>th</sup>, at our 7:00 PM Family Night//Shabbat Rocks service**. Only the names of those students present will be called. Please take your name card out of the "birthday" box in the front lobby and present it to a Ritual Committee usher if you would like to be called up to receive a birthday blessing.



Jacob Alter	Ben Lichtenstein
Joshua Alter	Stephanie Markowitz
Daniel Antin	Maya Mehrara
Adam Davis	Hailey Merker
Harrison Fleischer	Lindsay Mitzner
Layla Forgach	Jacob Moss
Lauren Friedman	Cooper Plank
Drew Ginsberg	Justin Plank
Samuel Glaser	Matthew Risko
Brianna Hawson	Hannah Rosenberg
Benjamin Jelinek	Madeline Rosenberg
Daniel Josephberg	Phoebe Rubin
Matthew Juvelier	Kayla Schechter
Skylar Kamen	Teddy Schwartz
Eli Karp	Benjamin Siegel
Jaime Katz	Miles Tawil
Brandon Kronethal	Jeremy Venezia
David Levitt	Jake Wexler

Avi Wizwer



Deadline for the October Bulletin  
is **Friday, September 9<sup>th</sup>**  
Please get your articles in on time.

## OUR SEPTEMBER *B'NAI MITZVAH*

My name is **NOAH KAMEN** and my *Bar Mitzvah* is on September 3<sup>rd</sup>. I live in Briarcliff Manor with my parents, Jennifer and Stewart, my 11-year-old brother Jonah, my 8-year-old sister Skylar and my two dogs, Daisy and Lulu. I attend Briarcliff Middle School and will be entering the 8<sup>th</sup> grade in the fall.

At school I play both modified soccer and lacrosse. I play the cello in the orchestra and I am a member of the Greenhouse Club. This past year I also participated in a new club our grade started, which created gift boxes for children with cancer at the Maria Ferrari Children's Hospital. We sold bracelets to earn money to buy books and small toys to fill the care boxes. We decorated the boxes during our lunch periods. This was very important to me because I lost a friend and schoolmate to cancer this year.

One of the *mitzvah* projects I participated in this year is called Ready, Set, Play. This was organized by the Northeast Recreation Department and was located at Boces in Yorktown Heights. It is for autistic children, ages 4 – 8. It includes arts and crafts, sports, and swimming. I was assigned to a child and did the arts and crafts project, played in the gym and then went swimming with him. I have also been active in the Charity for Water organization. Last year, instead of receiving gifts for my birthday I had my friends donate to this foundation. This year I rode in the Pediatric Cancer Bikeathon and raised \$500. All of these have been extremely rewarding experiences for me, and I look forward to continuing my involvement in all of them.

I am very excited to become a *Bar Mitzvah*. I have spent the past five years as a student at CSI and I have learned so much and grown in many ways from my involvement in the temple. I am excited to celebrate this day and look forward to continuing my involvement at CSI. I would like to thank Cantor Shiovitz and Rabbi Kane for helping me prepare for this day. And I would like to thank Roni Shapiro Ben David for always being there for me over the past five years and helping me achieve this goal. I would also like to thank my parents for working so hard to make this day special for me as a Jew and as a teenager!

My name is **EITAN BEN-DAVID** and I go to Solomon Schechter in Hartsdale and Camp Ramah in the summer. I live in Ossining with my parents, Roni

and Benny, younger brothers, Ari and Lior and our dog, Falafel. On September 5<sup>th</sup>, I will celebrate my second *Bar Mitzvah*. I love playing basketball, playing guitar and hanging with my friends.

For my first *Bar Mitzvah*, my family and I went to Israel to celebrate with my Israeli family. Some of my American family came too. At 4:30 in the morning, they opened Masada for us and as I began to lead the service the sun came up. Many of you know that my *Saba* Moshe (my dad's dad) was very sick and we didn't think he would live to attend my *Bar Mitzvah* service. Not only did he live, but was able to attend on Masada through the help of Magen David Adom Wish Ambulance. In Israel, there is one ambulance that will transport any dying person to their last wish for free. My *Saba's* last wish was to attend my *Bar Mitzvah* service on Masada. At midnight, the night before, the wish ambulance came to his house and drove through the night and brought him up Masada. The ambulance volunteers prayed with me at my service and made my *Saba's* last wish come true.

My *Ima's* parents, *Saba* and *Savta* recently moved and gave me all of their Jewish art to sell to make money for the Wish Ambulance. If you are interested in learning more about the Magen David Adom Wish Ambulance or to make a donation in memory of my *Saba*, Moshe Ben-David, you can do so at:

<http://en.mda-ambulance-wish.org.il/AmbulanceWish/Libraries/HomepageLangDocuments/eng.sflb.ashx>

While my *Bar Mitzvah* project began as collecting and delivering food with my friends to the Pelham Parkway Jewish Community Council Kosher Food Pantry, it also expanded to include making people aware of this Wish Ambulance and to raise money for them. Right now there is only one of these special ambulances in Israel. I will continue to deliver food and hope that my CSI community will also help when you see the boxes in the hallways for food collections. Thank you to Rabbi Kane and Cantor Shiovitz for helping me prepare for this day.

Hello, my name is **TALIA FRIEDMAN** and I am 13 years old. I am becoming a *Bat Mitzvah* on September 3<sup>rd</sup>, 2011 and I can't wait for my big day. I go to Solomon Schechter Day School of Westchester, where I get a wonderful education including learning about the history of Judaism.

I love performing and have enjoyed participating in my school plays. I am the proud daughter of Barry Friedman and Stephanie Friedman

(continued on next page)

### **Bar/Bat Mitzvah Profiles** (continued)

who have helped me learn through the journey of becoming a *Bat Mitzvah*. I have a brother named Ari who is always there for me. I live in both Yorktown Heights and Rye Brook.

For my *mitzvah* project, I am donating new and gently used clothes, and baby items to the Westchester Jewish Community Services program, Kid's Closet. While I am doing this *mitzvah* project, I feel very fortunate that I have clothes to wear, but at the same time I feel lucky that I can help kids who are less fortunate.

My favorite things to do when I am not in school, are singing, acting, and dancing. I love to be on stage and I really enjoy making people laugh and performing in front of people. This special journey of becoming a *Bat Mitzvah* has helped me to realize that not only am I becoming an adult, but I am also becoming a Jewish woman. I will now have many responsibilities that I have to take on, which I have learned from attending the CSI Religious School *Bat Mitzvah* class.

I cannot wait to become a *Bat Mitzvah* and I cannot wait until I see that all my hard work has paid off. I would like to thank Rabbi Kane and Cantor Shiovitz who have helped me to prepare for my big day.

Hello, my name is **JUSTIN BELL** and I will become a *Bar Mitzvah* on September 10, 2011. I live in Croton-On-Hudson with my parents, Mary and Stuart, my older brother Jacob, and our three cats: Magic, Lucy and Pepper. I attend Pierre Van Cortlandt Middle School and am in the 8th grade, where I play intermediate baseball, really enjoy mathematics, and participate in many after school activities. My father was a cameraman for Saturday Night Live for many years, and I must have inherited his love for his craft, for I enjoy all aspects of photography.

I have been attending Congregation Sons of Israel since I was two years old, when I began CSI Nursery School, and I have continued my studies there until this day. I have been very lucky to have had a series of really dedicated teachers who have always made learning fun.

For my *Bar Mitzvah* project, I volunteered for the "Challengers" program in Croton-On-Hudson; it is a program where disabled children -- usually from diseases such as multiple sclerosis -- participate in various sports such as baseball, soccer and basketball. Children such as myself assist those disabled children in performing routine athletic maneuvers and basically assist the coaches who run the games. As an

example, when they hit a baseball, we run alongside the batter and "shadow" them, basically leading the way for them to complete otherwise routine tasks. We assist them in fielding, running the bases, and make them feel as if they're playing the game just as everyone else does. Although the idea seemed a bit strange at first, the experience was very, very rewarding; I honestly believe we got more out of the experience than the kids playing did. I looked forward to those games as much as I looked forward to my very own in Little League (where we (Rotary) won the championship this past spring). I hope to keep volunteering for this worthwhile cause well into the future.

As my brother did at CSI four years ago, I dedicate my *Bar Mitzvah* to all of my relatives who perished in the Holocaust. I am proud that my *Bar Mitzvah* continues this important Jewish tradition in their absence.

I'd like to thank Rabbi Kane, Cantor Shiovitz and Roni Shapiro Ben-David for all their help over the years. Finally, I'd also like to thank my parents and my brother for their unconditional love and support.

Hi, my name is **MADELYNN SERUYA**, and I will become a *Bat Mitzvah* on September 17<sup>th</sup>. I live in Croton on Hudson with my parents, Francine and Steven, and my older sister Ashley. I am going into 8<sup>th</sup> grade at Pierre Van Cortland Middle School. In the past year I received three A.C.E.S. awards for good grades and attitude at school. I have played volleyball, ran track and am on the Cheerleading Team.

For my *Bat Mitzvah* project, I ran the Friday night services for the residents at Atria in Briarcliff. One of my teachers helped me learn the ropes and then my Mom and my sister came with me every Friday in the month of June and we ran the services. It was a lot of fun knowing that what we were doing made the residents happy and let them have services even though they could not get to the synagogue.

I'm not really sure how I feel about becoming a *Bat Mitzvah*. I do know that I am very excited, and can't believe it's this close. It's kind of scary to think of me up there, saying all the prayers. I don't have stage fright, but when I'm speaking a different language, it's a little nerve racking. I am so excited that all my family and friends will be there with me to share in my special day!

I really have enjoyed coming to school and learning at CSI. Everyone here is so welcoming and I always feel at home. My experience here has been

(continued on next page)

### Bar/Bat Mitzvah Profiles (continued)

great, and I am even thinking about going to Hebrew High! I would like to thank Roni, Rabbi Kane, and Cantor Shiovitz for making my religious school experience here wonderful. Hope to see you all next year!

*Shalom.* I'm **GREG KRAMER** and my *Bar Mitzvah* is on September 24, 2011. My dad's name is Andrew and my mom's name is Tina; both of them work in the financial markets. I have one sibling, a brother whose name is Jacob. We are a close family and I have 5 cousins who are all male. Some of us go to camp together every summer and I'm already looking forward to next year. I live in Briarcliff Manor and attend Briarcliff Middle School, where I'm in the 8<sup>th</sup> grade. At school, I'm in the band and I play the baritone horn. I am also in the Leadership Group II, which maintains a positive influence around the school. If we see someone being bullied we help them and tell a teacher.

For my *Bar Mitzvah* project I helped kids on the Miracle League Baseball Team. This is a team for physically and mentally disabled kids who play baseball on a special field made up of tires. It is made of tires so you can push the kids who are in wheelchairs and they won't get hurt. Sometimes, I pushed the wheelchairs around the bases and helped the kids throw and catch the ball. I learned that some children couldn't do the same things as I could, but they still could have fun!

I love sports! My hobbies are playing ice hockey and lacrosse. For ice hockey, I play on the Bedford Bears and this year we went to a lot of tournaments such as: Lake Placid, NY and Marlboro, MA. This past year we also went to Chazy, NY for the State Championships; even though we lost, I still had a fun time and it was a good experience for me. This was the first year that I played lacrosse and I played on the modified team at my school. I liked it so much that I am going to continue playing next year. I have a great time when I play sports because I'm with my friends and I love to compete --- and win!!!!

During the summer I go to a sleep away camp called Camp Westmont. Graham Goldheim and Lee Rosen also go to this camp and we have a great time together.

When I'm not playing sports I like to go to games and watch the Devils and Yankees. I also play video games on my XBOX and hang out with my friends.

I have been going to Hebrew School at CSI for 5 years (since 2<sup>nd</sup> grade). I want to thank the

rabbi and the cantor for teaching me and helping me to get this far and extend many thanks to Roni and all of my teachers for putting up with me. I am studying hard to make my family and friends proud of me.

Hi. I am **BENJAMIN WILLIAM MARSHAK**. I have a mom, Dina, a dad, Robert, and a brother named Alex. I live in Pleasantville New York and am becoming a *Bar Mitzvah* on September 24, 2011. I go to Pleasantville Middle School and am currently in the Band (I play trumpet), and on the football team, the Panthers. For my *Bar Mitzvah* project I am going to bring *Shabbos* to an adult named Richard who lives in a home for the developmentally disabled. Richard is a very loving adult who recently discovered he was Jewish. Richard wanted to be more connected as to what I like to call his "Inner Jew". My Hebrew School class helped him to become connected to Judaism and helped him become a *Bar Mitzvah* last school year. Richard, being Jewish, still seeks to be more connected and so he wants to celebrate *Shabbos* having learned that a traditional way to remain connected is to celebrate the start of *Shabbat* on Friday evenings. I volunteer to help him do so. Richard made me feel special by helping me realize that a good old fashioned *Shabbos* meal and prayer really helps keep family and tradition together.

In my free time, I play video games, play with my brother or just chill with my friends. At first I thought about my *Bar Mitzvah* and it seemed so far away, and now it's almost here! Becoming a *Bar Mitzvah* means a lot to me. I have a role in the Jewish community now and I have more responsibilities as a Jewish adult. My friends and family have all helped me to get through and be able to achieve my goal of getting onto the *bimah*, singing the prayers and celebrating my "coming of age" on September 24th.











My years at CSI have taught me how to read, write, and speak in Hebrew. CSI has been a second home for me having started when I was four years old and am now entering 8th Grade! I have grown up at CSI. I would like to take this opportunity to thank CSI, my family and my friends, because on September 24th with their help and love, I become a man. Thanks. Ben

***Mazal tov*** to the **Kamen, Friedman, Ben-David, Bell, Seruya, Kramer and Marshak Families** who will assist in hosting the *Oneg Shabbat* at our September 9<sup>th</sup>, **Family Night/Shabbat Rocks** service in honor of their childrens' achievements.

# September 1, 2011 – October 1, 2011 2 Elul 5771 – 3 Tishri 5772

Note: *Shabbat* ends 1 hour after Friday's C/L Time

Changes in calendar events may take place – please check our website [www.csibriarcliff.org](http://www.csibriarcliff.org) for up to date information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>ROSH HASHANAH BEGINS</b> Wednesday evening September 28<sup>th</sup></p>	<p><b>YOM KIPPUR BEGINS</b> Friday evening October 7<sup>th</sup></p> 	<p><b>SUKKOT BEGINS</b> Wednesday evening October 12<sup>th</sup></p> 		<p><b>Sept. 1 2 Elul</b> 7:15 AM <i>Minyan</i></p>	<p><b>Sept. 2 3 Elul</b> 6:30 PM <i>Kabbalat Shabbat Service</i></p> <p>CL: 7:07 PM </p>	<p><b>Sept. 3 4 Elul</b> <i>Shoftim</i> 9:30 AM <i>Shabbat Morning Service</i> BM NOAH KAMEN</p> <p>6:00 PM <i>Mincha</i> BM TALIA FRIEDMAN</p>
<p><b>Sept. 4 5 Elul</b> 9:15 AM <i>Minyan</i></p>	<p><b>Sept. 5 6 Elul</b> 9:30 AM BM EITAN BEN-DAVID</p> <p>LABOR DAY Offices closed</p> 	<p><b>Sept. 6 7 Elul</b> 11:15 AM Jews in the News</p> <p>7:00 PM Caring Community meeting.</p>	<p><b>Sept. 7 8 Elul</b> 9:00 AM N.S. Teacher's meeting</p> <p>10-11:30 AM N.S. Meet &amp; Greet on the playground</p>	<p><b>Sept. 8 9 Elul</b> 7:15 AM <i>Minyan</i> 9:00 AM Nursery School Teacher's Meeting</p> <p>10:30 AM <i>Ha Mishpacha</i> Discussion Group</p> <p>7:00 PM OPEN HOUSE For current N.S. Parents</p>	<p><b>Sept. 9 10 Elul</b> 9:00 AM Nursery School Teacher's meeting</p> <p>7:00 PM <i>Shabbat</i> Rocks/Family Night Service</p> <p>CL: 6:55 PM </p>	<p><b>Sept. 10 11 Elul</b> <i>Ki Teizei</i></p> <p>9:30 AM <i>Shabbat Morning Service</i> BM JUSTIN BELL</p>
<p><b>Sept. 11 12 Elul</b> 9:15 AM <i>Minyan</i> OPENING DAY RELIGIOUS SCHOOL GIFT SHOP OPEN 9-12:30 PM R.S.P.T.A. Coffee 10:00-10:45 AM Memorial Service for 10th anniversary of 9-11 10:45 AM <i>Heh</i> Class Parents/student meeting 11:15 AM</p>	<p><b>Sept. 12 13 Elul</b> 7:15 AM <i>Minyan</i> OPENING DAY NURSERY SCHOOL</p> <p>4:00 PM <i>Dalet</i> Enrichment</p> <p>7:30 PM Men's Club meeting 7:30 PM Social Comm. meeting</p>	<p><b>Sept. 13 14 Elul</b> 11:15 AM Jews in the News</p> <p>12:30 PM <i>Ha Mishpacha</i> Luncheon followed by "100 Voices: A Journey Home"</p> <p>7:30 PM NOW Israel mtg. 8:00 PM Ritual Committee mtg.</p>	<p><b>Sept. 14 15 Elul</b></p>	<p><b>Sept. 15 16 Elul</b> 7:15 AM <i>Minyan</i></p>	<p><b>Sept. 16 17 Elul</b> 6:30 PM <i>Kabbalat Shabbat Service</i></p> <p>C/L: 6:44 PM </p>	<p><b>Sept. 17 18 Elul</b> <i>Ki Tavo</i> 9:30 AM <i>Shabbat Morning Service</i> BM MADELYNN SERUYA</p> <p>10:30 AM <i>Kadima</i></p> <p>11:00 AM Junior Congregation</p>
<p><b>Sept. 18 19 Elul</b> 9:15 AM <i>Minyan</i></p> <p>10:30 AM Adult <i>Bar/Bat Mitzvah Class</i></p>	<p><b>Sept. 19 20 Elul</b> 7:15 AM <i>Minyan</i> 4:00 PM <i>Dalet</i> Enrichment 4 – 5:30 PM PJ LIBRARY program at Briarcliff Library</p> <p>7:30 PM Preparing For the HH with "<i>Machzor Lev Shalem</i>"</p> <p>7:30 PM <i>Psichas Neilah</i> Meeting</p>	<p><b>Sept. 20 21 Elul</b> 11:15 AM Jews in the News</p> <p>7:30 PM Executive Comm. meeting</p>	<p><b>Sept. 21 22 Elul</b> 6:30 PM Transplant Support Group</p> <p>7:30 PM Sisterhood Mah Jongg</p>	<p><b>Sept. 22 23 E:l:i</b> 7:15 AM <i>Minyan</i></p> <p>10:30 AM <i>Ha Mishpacha</i> Discussion Group</p>	<p><b>Sept. 23 24 Eluli</b> 6:30 PM <i>Kabbalat Shabbat Service</i></p> <p>CL: 6:32 PM </p>	<p><b>Sept. 24 25 Elul</b> <i>Nitzavim/Vayalech</i> 9:30AM <i>Shabbat Morning Service</i> BM: GREGORY KRAMER BM BENJAMIN MARSHAK 11:00 AM Junior Congregation</p> <p>9:30 PM <i>SELICHOT</i> FILM: "100 VOICES: A Journey Home" Service at 11:00 PM</p>
<p><b>Sept. 25 26 Elul</b> 9:15 AM <i>Minyan</i> 10:00 AM HH CHAIR SET UP 10:00 AM &amp; 11:15 AM Camp Ramah Informational Sessions –open to all</p> <p>10:30 AM Adult <i>Bar/Bat Mitzvah Class</i></p>	<p><b>Sept. 26 27 Eluli</b> 7:15 AM <i>Minyan</i></p> <p>4:00 PM <i>Dalet</i> Enrichment</p>	<p><b>Sept. 27 28 Elul</b> 11:15 AM Jews in the News</p> <p>8:00 PM Board of Trustees mtg.</p>	<p><b>Sept. 28 29 Elul</b> NO RELIGIOUS SCHOOL</p> <p><i>Erev Rosh Hashanah</i> Service 6:30 PM</p> <p>CL: 6:24 PM </p>	<p><b>Sept. 29 1 Tishri</b> 8:45 AM 1<sup>ST</sup> DAY <i>ROSH HASHANAH</i> 11:15 AM Children's Service 4:00 PM FAMILY SERVICE 5:30 PM <i>TASHLICH</i> 6:30 PM <i>Rosh Hashanah</i> Evening Service</p>	<p><b>Sept. 30 2 Tishri</b> 8:45 AM 2<sup>ND</sup> DAY <i>ROSH HASHANAH</i> 11:15 AM Children's Service</p> <p>6:30 PM <i>Kabbalat Shabbat Service</i></p> <p>CL: 6:20 PM </p>	<p><b>Oct.1 3 Tishri</b> <i>Haazinu Shabbat Shuvah</i></p> <p>9:30 AM <i>Shabbat Morning Service</i></p> <p>11:00 AM Junior Congregation</p>



## L'SHANAH TOVAH – 5771

Mr. & Mrs. Stephen Ackerman  
Mr. & Mrs. Isaac Aframian & Family  
Mr. & Mrs. Marc Albrecht & Family  
Mr. & Mrs. Stephen Alpert & Family  
Mr. & Mrs. Ish Alter & Family  
Mr. & Mrs. Dennis Altman & Family  
Mr. & Mrs. Philip Altman & Family  
Dr. & Mrs. Warren Altwerger & Family  
Mr. & Mrs. Martin Amsel & Family  
Mr. & Mrs. Antony Anisman & Family  
Diego Antman, Irit Bomer & Family  
Jonathan Arfa & Barbara Bernstein  
Bennett Ashley, Ruth Weinreb & Family  
Mitchell & Nina Auerbach, Matt & Samantha  
The Auslander Family  
Mr. & Mrs. Glenn Axelrod & Family  
Ms. Elaine Bachrach  
Mr. & Mrs. Arthur Baer & Family  
Ruth Baer & Family  
Mr. & Mrs. Gilbert Balog & Family  
Dr. Elliot & Toni Band & Family  
Nan & Allen Banks & Family  
Asher & Susan Banks, Joshua, Adam & Marla  
Mr. & Mrs. Lewis Baretz & Family  
Dr. & Mrs. Elliott Barish & Family  
Mr. & Mrs. Doron Bar-Levav  
Mr. & Mrs. Gil Barzilai & Family  
Steven Begleiter, Karen Saponar & Family  
Mr. & Mrs. Mitchell Belitz & Family  
Benny Ben-David, Roni Shapiro, Eitan,  
Ari & Lior  
Audrey & Steven Bender,  
Sarah & Gabriel  
Mr. & Mrs. Robert Benjamin & Family  
Mr. & Mrs. Ben-Zvi & Family  
Mrs. Annleah Berger  
Mr. & Mrs. Stuart Berger & Family  
Dr. & Mrs. Michael Bergstein & Family  
Dr. & Mrs. Robert Berkenblit & Family  
Mr. & Mrs. Howard Berkower, Jason & Jenna  
Mr. & Mrs. Scott Berman & Family  
Mr. & Mrs. Eric Beroff & Family  
Stanley & Eleanor Besen & Family  
Mr. & Mrs. Jonathan Birnbach & Family  
Mr. & Mrs. Richard Birnbaum & Family  
Mr. & Mrs. Matthew Blaustein & Family  
Mr. & Mrs. Julius Bleiweis  
Mr. & Mrs. Norman Block  
Dr. & Mrs. Andrew Bloom & Family  
Dr. & Mrs. Wayne Bloom & Family  
Mr. Gregory Blue, Ms. Valerie Parker & Family  
Mr. & Mrs. Leonard Brandes & Family  
Drs. J. Allen & Andrea Britvan  
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(continued on next page)



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(Received through August 8, 2011)

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Selma Cohen	Mr. & Mrs. Daniel Cohen
Milton Levine	Mr. Bennett Ashley & Ms. Ruth Weinreb
Paula Blum	Mr. & Mrs. Alan Gordon

**CARING COMMUNITY**

<u>In Memory Of</u>	<u>From</u>
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Julius Sherman	Mrs. Selma Sherman
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Milton Levine	Mr. & Mrs. Murray Rottenberg
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Raymond Wilenzick	Dr. & Mrs. Paul Kleinman

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MEMORIAL TZEDAKAH FUND**

<u>In Memory Of</u>	<u>From</u>
Paul Kazin	Mr. & Mrs. Joel Kazin
Herbert Maier	Mrs. Ruth Baer
Milton Levine	Helen Chuckrow

**JEFFREY DITTELMAN/ROBINOV CAMP  
RAMAH SCHOLARSHIP FUND**

<u>Mazal Tov</u>	<u>From</u>
To Tina Goldman	Rabbi & Mrs. Steven C. Kane on the engagement of her daughter, Haley to James Heyer
To Mark & Romina	“ Wancier on the birth of their son, Tyler

<u>In Memory Of</u>	<u>From</u>
Gerald Kornblau	Rabbi & Mrs. Steven C. Kane
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Raymond Wilenzick	“
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Marion Schneider	“
Paula Blum	“
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**EDUCATIONAL DIRECTOR'S DISCRETIONARY  
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<u>Mazal Tov</u>	<u>From</u>
To Eitan Ben David	Dr. & Mrs. Keith Hentel

<u>In Memory Of</u>	<u>From</u>
Moshe Ben David	Mr. & Mrs. Norman Block
“	Dr. & Mrs. Keith Hentel
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“	Mr. J. Parker & Ms. D. Kittay-Parker
“	Helen Chuckrow

**ETZ CHAIM (Tree of Life Fund)**

<u>Speedy Recovery</u>	<u>From</u>
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<u>In Memory Of</u>	<u>From</u>
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Yvonne Kim	Mr. & Mrs. Marc Roth

**IRA KESTENBAUM BEAUTIFICATION FUND**

<u>In Memory Of</u>	<u>From</u>
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<u>In Memory Of</u>	<u>From</u>
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Milton Levine	“
Paula Blum	Mrs. Sharon Davis

**RHODA & MEL MILLER TUITION  
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**SAMANTHA SILVERMAN YOUTH ACTIVITIES  
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<u>In Memory Of</u>	<u>From</u>
Jacob Donneson	Adele Feldman

(cotnined on next page)

**ZUCKERMAN/CHARLOTTE HERING**  
**MEMORIAL FUND FOR RAMAH DAY CAMP**

In Memory Of

Gerald Roth

From

Mr. & Mrs. Marc Roth



**WORKSHOP/STUDY SESSION ON**  
**OUR NEW HH PRAYER BOOK**  
**MACHZOR LEV SHALEM**

Want to be familiar with our beautiful new HH prayer book? Join Rabbi Kane on Monday evening, September 19<sup>th</sup> at 7:30 to explore in depth what makes this book so special!

**TO OUR MAILBOX**



**From: Dr. Michael Teitelbaum**

**RE: Fasting: A Scientific Approach**

For centuries “have an easy fast” has been a popular pre-*Yom Kippur* greeting. Unfortunately, not all fasts are easy and for years it bothered me as to what I could do to give myself an easier fast.

The biggest problems seem to be: 1) feeling too hungry and 2) getting thirsty. For years I thought the trick was to eat more of our traditional chicken dinner and drink as much water as possible, but this rarely worked for me. I found I would feel full too quickly from eating the chicken and then not be able to drink enough water. Added to that of course is that kosher chicken is pre-salted so I would feel thirsty all day long or I would drink too much water and not be able to eat enough of the chicken and then feel hungry all day long.

About four years ago I made a radical change, figuring pasta – made in water was the perfect non-salty dinner, and it worked. So, figuring to confirm my findings at our wonderful CSI break fast last year, I did an informal survey. Asking about 30 loyal congregants a few simple questions, I came to some startling but important preliminary conclusions.

First I asked if they had an “easy fast” or “not so easy fast”. Then I asked what they had eaten for dinner and even lunch the day before. The responses for dinner ranged from a majority of chicken and turkey to rack of lamb (French cut), meatballs, and salmon. Interestingly, the majority also had an “easy fast”, completely destroying my theory.

So, what was the common factor among everyone who had an “easy fast” or, more

importantly, “not so easy fast”? In short, it turns out people who had a “not so easy fast” had a too small or too big dinner, but more importantly, a small breakfast and a small lunch.. Conversely, most people who had an “easy fast” had a big breakfast/lunch and medium sized dinner, regardless of what they ate.

Therefore, we now have preliminary recommendations for this coming *Yom Kippur*. This year, I’d like everyone who wants to help humanity to participate and help all of us have easier fasts in the future! If you have any ideas, and want to help fill out an easy survey, drop me a line at:

[Dr@DentistSpa.com](mailto:Dr@DentistSpa.com)

**JEWISH/COMMUNITY NEWS/EVENTS**

Basses and Tenors are invited to **KOL RINAH’S OPEN HOUSE** on Wednesday, September 7<sup>th</sup> from 7:15-9:15 PM at the Rosenthal JC in Pleasantville located at 600 Bear Ridge Road. Kol Rinah, Westchester’s Jewish Community Chorus, performs a rich heritage of choral music in Yiddish, Hebrew, Ladino and English. Auditions by conductor Ben Gruder. For information call 914-232-7281 or 914-242-9059 or email [kolrinahchorus@optonline.net](mailto:kolrinahchorus@optonline.net) Our website is [www.kolrinahchorus.org](http://www.kolrinahchorus.org)

The **OSSINING FOOD PANTRY** will hold its annual celebration fundraiser on September 25<sup>th</sup> between 5 & 9 PM. The event will again be graciously hosted by Dr. Michael & Mrs. Clorissa Gioscia in the garden of their Westchester home. You are invited to join them for wine, hors d’oeuvres raffle baskets and live music at “An Evening of Autumn Sonata”. Attendees may park at the Todd Elementary School in Briarcliff Manor and take the free shuttle bus to the party. Requested donation is \$30 per person and can be paid at the door in cash or by check. The Food Pantry is a non-profit organization, operated entirely by volunteers, devoted to providing groceries for our less fortunate neighbors. For further information call 914-762-5510 or visit their website at [www.ossiningfoodpantry.org](http://www.ossiningfoodpantry.org)

The “**KID’S KLOSET**” is a new initiative of WJCS to provide new and gently used children’s clothing and essentials to families in need. To secure items contact Stephanie Roth, Director, 762-0600 x 715 or visit [kidskloset@wjcs.com](mailto:kidskloset@wjcs.com)

If you love to sing and want to meet other Jewish teens across the United States and Israel, then join **HaZamir Westchester**, a chapter of HaZamir: The International Jewish High School Choir conducted by Laura Torgovnik. All musical teens from 8-12<sup>th</sup> grades welcome. For more information attend the open house on September 18<sup>th</sup> at Temple Israel Center in White Plains from 1:30-3:30 PM.

